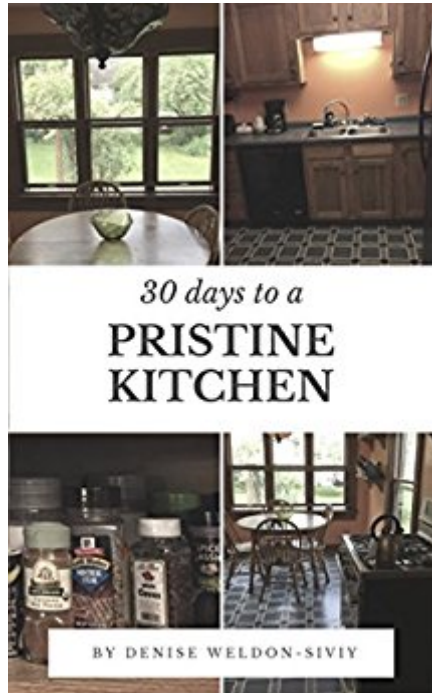




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# 30 Days To A Pristine Kitchen



## Synopsis

Your kitchen may not be the only cluttered room in your house, but it is absolutely the one you need to clean first. Why? Because unless you rely on takeout for three meals a day, and leave the house before drinking your morning coffee, you really can't avoid your kitchen. Luckily, you can whip it into shape in only 30 days. That's rational time, not 1-800-GOT-JUNK showing up and emptying it out time. In only 30 days, spending on average 30 minutes a day, you can transform your kitchen from a disaster to a clutter free zone. Along the way, you'll learn how long common condiments and spices remain useful, when you should dispose of frozen goods, how frequently you should wash kitchen linens, and how best to avoid creepy crawlies in the kitchen cabinets.

## Book Information

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## Customer Reviews

I found this book extremely interesting. I do not have clutter issues so it did not introduce anything new to my cleaning routine. But.... I know that there are so many people who haven't got a clue as

to organization or for that matter how to properly clean. In this day and age, with working families, new home owners and those who are just setting up house, would find the system outlined in this book both informative and helpful. If you know anyone who needs a bit of direction or a simple how to, get this book into their hands!

This is a very informative and detailed book. You'll learn step by step how to get a well-organized kitchen. The book offers tons of suggestions and tips. So no excuses for having a messy kitchen anymore. The author knows how to engage the readers and the book is very well written.

I absolutely loved this handbook since the kitchen is the busiest room of the house and so time consuming when comes to cleaning. My junk drawers, freezer, cutlery drawers, snacks cabinet needed attention and the author's advice encouraged me to sort them.

Interesting, well organized, and very well written. Even a full time working person could follow the plan presented in this book.

Last night when I closed my eyes to say my prayers, the first thing that came into my head before the Our Father was "clean the sink". Ideas on how to dispose of items was very helpful.

Fantastic little book. What I loved was the day-by-day approach to a short, sweet method to form a new habit and back it up with daily fixes. The best part was her well-researched and useful links to help you find the expiration dates on all kinds of food, spice, and kitchen items. I know I've been holding on to things simply because I wasn't sure and this quick read gave me permission to, yeah, toss it. Loved the organization and concise help to anyone stymied by finally getting this job done and operating in pristine mode.

A quick read packed with useful tips and links, all written in a witty style. I found myself reading some of the funnier bits out loud to a friend. Humor aside, every chapter tackles something in your kitchen that needs to be pruned or cleaned and really makes you question if you need all that stuff in the first place, like my two dozen wineglasses still in a box after three years. In short, good advice in easily digestible bites that will leave you with more space in your kitchen and at least 1 new positive habit.

This book is so different from your usual 'declutter your life' books! The author tackles the subject in a fun, lighthearted way, giving you quick, simple tasks to carry out every day for a month. It's full of great advice, links to recycling the things you don't need and recipe sites so you can get rid of all those recipe books you never use. There's even a useful list you can refer to at the end of the book, so you can highlight or tick off each task as you complete it without having to continuously go back through the pages. Highly recommend if you're one of those people who can never throw anything away, 'just in case'!

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